

Sunflower Seeds credits:

Autumn Dominguez - alto sax (2, 4, 5, 7), soprano sax (3), and vocals (4, 6, 7, 8)

Lee Konitz - alto saxophone/interviewee (1)

Jonathan Hines - piano/keyboard

Colin McIlrath - bass (2, 3, 4, 8)

Patrick Morris - bass (5, 7)

Kenji Lancaster - drums

Max Goldschmid - trumpet (3, 4, 5, 7), clarinet (8), and vocals (8)

Michael William Moynihan Jr. - tenor sax (2, 3, 4) and flute (3)

Denali Kauffman - trombone (3, 4)

Simeon Roth - alto saxophone (7)

Courtney Pinski - violin (4)

Ricardo Garcia - guitar (7)

Sophia Rankin - vocals (8)


Trey Bryant - vocals (8)

xUnknown Artist - vocals (4)

Produced by Autumn Dominguez

Recorded at Joy Studios by Freddy Jay Walker & Gary Neiman

Mixed by Spencer Clarke, Mastered by Chris Peña

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1. *W. 86th St. (1:16)*
 2. *Lee's Place (5:46)*
 3. *Stardust (9:11)*
 4. *Canción de oración (2:55)*
 5. *Seek Not Poison (5:38)*
 6. *Love You Owe (6:33)*
 7. *Sunflower Seeds (8:38)*
 8. *It's You I Like (5:32)*

Personnel:

Autumn Dominguez, alto & sop saxes/vox

Jonathan Hines, piano

Kenji Oso Lancaster, drums

Colin McIlrath, bass (2,3,4,8)

Patrick Morris, bass (5,7)

Max Goldschmid, trumpet/clarinet/vox

Michael Moynihan, tenor sax/flute

Denali Kauffman, trombone

Simeon Roth, alto sax

Ricardo Garcia, guitar

Courtney Pinski, violin

Sophia Rankin, vox

Trey Bryant, vox

xUnknown Artist, rap

*Produced by Autumn Dominguez & Spencer Clarke
Recorded by Freddy Jay Walker & Gary Neiman*